

Please join us at our

# 55th Annual Nevada Union Cross Country Invitational

**Saturday, September 9, 2017**  
Nevada Union Campus, Grass Valley

Middle School 1 mile and High School 3 mile cross country courses

**NEW! Schedule of races:**

8:00	Junior High Girls	10:15	F/S Girls – all
8:20	Junior High Boys	10:45	F/S Boys – all
8:45	Coaches/Alumni	11:15	JV Girls
9:15	Varsity Girls - all	11:45	JV Boys
9:45	Varsity Boys– all	12:15	Awards

Food, beverages and tech T-shirts will be available for purchase.  
Medals to top runners, plus team awards

Kays Team Spirit Award – please show your team spirit (jerseys mandatory)

\$10/runner; \$50/team, maximum of \$200/school  
\$50 for Middle School

Please make checks payable to:  
Nevada Union Cross Country  
11761 Ridge Road, Grass Valley, CA 95945

Registration will be open August 1 to September 6  
at [athletic.net](http://athletic.net) (NOTE: new this year)

For questions and intent to participate, please email us at  
[runfreitasrun@yahoo.com](mailto:runfreitasrun@yahoo.com).

